

FULL COMBAT- PROTEIN COMBAT POWDER- CHOCOLATE FLAVOR

Serving Size: 1 Scoop (47g)  
 Servings per Container: 30

Amount per Serving	% Daily Value*
Calories	190
Calories from Fat	60
Total Fat	7g 11%
Saturated Fat	1g 5%
Cholesterol	60mg 20%
Sodium	65mg 3%
Total Carbohydrates	8g 3%
Dietary Fiber	5g 20%
Sugar	2g
Protein	24g 48%
Calcium	2%
Iron	1%

**\*Percent Daily Values are based on a 2000 calorie diet.**

Typical Amino Acid Profile – Each Serving Contains:

Essential Amino Acids	Non-Essential Amino Acids
L-Leucine† 2643mg	L-Arginine 647mg
L-Isoleucine† 1400mg	L-Aspartic Acid 2544mg
L-Valine† 106mg	L-Cystine 488mg
L-Lysine 167mg	L-Alanine 1076mg
L-Threonine 4295mg	L-Glutamic Acid 4122mg
L-Methionine 68mg	L-Glycine 438mg
L-Phenylalanine 898mg	L-Histidine 445mg
L-Tryptophan 818mg	L-Proline 1760mg
L-Serine 1395mg	
L-Tyrosine 690mg	

†Total Branch Chain Amino Acids (BCAAs)	4149mg
Total Essential Amino Acids (EAAs)	10395mg
Total Amino Acids	24000mg

Ingredients: Sustained Release Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Egg Protein Isolate, Micellar Casein, Milk Protein Concentrate), Essential Fatty Acid Blend (Canola Oil, Sunflower Oil, Medium Chain Triglycerides, Omega 3 Fish Oil, Borage Oil, CLA), Oat Fiber, Cocoa, Natural and Artificial Flavors, Digestive Enzyme Blend (Protease, Lactase), Sodium Chloride, Sucralose, Acesulfame Potassium, and Soy Lecithin

Contains Milk, Soy, Egg and Fish (Herring, Anchovy, Mackerel, Sardine, Menhaden, Smelt, Tuna, Sand Lance, Salmon)

Notice: Use this product as a food supplement only. Do not use for weight reduction.

Directions:

Mix 1 scoop (47 grams) with 12 oz of water or milk. For a thicker shake, mix with 8 oz of water or milk. Depending on your protein requirements, take 2 - 4 servings per day.