

Tonalin CLA

Serving size: 1 softgel

Servings Per Container: 100

Amount per serving: % Daily Value

Calories 10

Cal from fat 10

Total fat 1g 2%

Tonalin CLA 1000 mg

(80% conjugated linoleic acid.)

Other Ingredients: gelatin, glycerin, water, and caramel color.

Directions: As an adult dietary supplement, take 1 softgel with each meal. Do not combine with chitosan-based supplements.