

RED ZONE

Supplement Facts

Serving size: 3 Caplets

Servings per container: 40

Amount per serving

Fatigue Delay Complex 1030 mg*

Beta Alanine, CO Q-10

Calorie Burning Complex 795 mg*

Cayenne Pepper (Fruit), Asian Ginseng Powder (Root),
White Willow Powder (Bark), Red Tea Extract (Leaf &
Stem), Kola Nut Powder (Seed), Evodia Extract (Fruit),
Ginger Powder (Root), Black Pepper Extract (Fruit)

Power Enhancing Complex 500 mg*

PowerGrape®, Caffeine Anhydrous

*** Daily Value not established**

Other ingredients: microcrystalline cellulose,
croscarmellose sodium, stearic acid, silica, magnesium
stearate, hydroxy propyl methyl cellulose, triacetin,
FD&C red #40, talc, carnuba wax and povidone.
Contains tree nut (kola)

Directions: As a dietary supplement, take 3 caplets with 8 oz. water twice daily,
once in the morning and again mid-afternoon. On training days, take one serving
30 minutes before your workout. Do not exceed 6 caplets per day. Do not take
within 6 hours of sleep.

Red Zone contains 100mg of caffeine per serving.

Warning: Too much caffeine may cause nervousness, irritability, sleeplessness
and occasionally, rapid heartbeat. Not recommended for use by children
under 18 years of age.