

CLA

Serving size: 1 softgel

Servings Per Container: 180

Amount per serving:		% Daily Value
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Calories	10	
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Cal from fat	10	
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Total fat	1g	2%
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CLAPure	1000 mg	
(80% conjugated linoleic acid.)		

Other Ingredients: gelatin, glycerin, purified water, and caramel color.

Directions: As an adult dietary supplement, take 1 softgel with each meal. Do not combine with chitosan-based supplements.