

CLA

Serving size: 1 softgel

Servings Per Container: 90

Amount per serving: % Daily Value

Calories 10

Cal from fat 10

Total fat 1g 2%

CLAPure 1000 mg
(80% conjugated linoleic acid.)

Other Ingredients: gelatin, glycerin, purified water, and caramel color.

Directions: As an adult dietary supplement, take 1 softgel with each meal. Do not combine with chitosan-based supplements.