

DAILY COMPLETE FORMULA TABLETS

Serving Size: 6 tablets

Servings Per Container: 30

Amount per 6 tablets		% Daily Value
Vitamin A (as palmitate)	10,000 IU	200%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D3	400 IU	100%
Vitamin E (as d-alpha tocopherol succinate)	200 IU	667%
Thiamin (as hydrochloride)	50 mg	3333%
Riboflavin	50 mg	2941%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (from calcium pantothenate)	50 mg	500%
Calcium (from amino acid chelate)	1000 mg	100%
Iron (from amino acid chelate)	18 mg	100%
Iodine (from Kelp)	150 mcg	100%
Magnesium (from amino acid chelate)	500 mg	125%
Zinc (from amino acid chelate)	23 mg	150%
Selenium (as selenomethionine)	70 mcg	100%
Copper (from amino acid chelate)	3 mg	150%
Manganese (from amino acid chelate)	10 mg	500%
Chromium (as Chromium Polynicotinate)	200 mcg	167%
Potassium (from amino acid chelate)	95 mg	3%
Bioflavonoids (from citrus)	250 mg	*
Glutamic Acid	100 mg	*
Betaine Hydrochloride	100 mg	*
Choline (as bitartrate)	50 mg	*
Inositol	50 mg	*
Rutin	50 mg	*
Para Amino Benzoic Acid	30 mg	*
Rose Hips Powder	20 mg	*
Hesperidin	20 mg	*
Acerola	10 mg	*
Boron (from amino acid chelate)	3 mg	*

* Daily Value Not Established

Other Ingredients: Dicalcium Phosphate, Cellulose, Croscarmellose Sodium, Pharmaceutical Glaze, Stearic Acid, Magnesium Stearate and Silicon Dioxide.

Directions: take six tablets daily, three tablets after breakfast and three tablets after dinner.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.