

AMINO BOLIC

Supplement Facts

Serving size: 7 caplets

Servings per container: 30

Amount per serving:

L-Leucine 6510mg*

L-Isoleucine 1197mg*

L-Valine 1197mg*

L-Histidine 798mg*

L-Lysine Hydrochloride 1190mg*

L-Methionine 399mg*

L-Phenylalanine 1197mg*

L-Threonine 1197mg*

Taurine 1498mg*

Glutamine 1498mg*

*** Daily Value not established**

Other ingredients: Dicalcium phosphate, stearic acid, microcrystalline cellulose, croscarmellose sodium, silicon dioxide and pharmaceutical glaze.

Directions: Take one serving daily. For maximum effects, take one serving before and after workouts.