

ISOCOOL – CHOCOLATE CRÈME

Serving Size: 1 Scoop (about 26g)

Servings per Container: about 35

Amount per Serving	% Daily Value
Calories 90	
Calories from Fat 0	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 40mg	2%
Total Carbohydrates 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 23g	46%

Vitamin A 2% • Vitamin C 0%
Calcium 15% • Iron 2%

Ingredients: Premium Whey Protein Isolate, Cocoa, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, and Soy Lecithin

Contains Milk, Soy

Typical Amino Acid Profile – Each serving contains:

Essential Amino Acids	Non-Essential Amino Acids
L-Leucine* 2619 mg	L-Arginine 853 mg
L-Isoleucine* 1981 mg	L-Aspartic Acid 2486 mg
L-Valine* 1447 mg	L-Cystine 255 mg
L-Lysine 2224 mg	L-Alanine 932 mg
L-Threonine 1941 mg	L-Glutamic Acid 3955 mg
L-Methionine 350 mg	L-Glycine 414 mg
L-Phenylalanine 732 mg	L-Histidine 365 mg

L-Tryptophan 552 mg	L-Proline 642 mg
	L-Serine 670 mg
	L-Tyrosine 582 mg

*Total Branched Chain Amino Acids (BCAAs) 6047 mg
Total Essential Amino Acids (EAAs) 11846 mg
Total Amino Acids 23000 mg

DIRECTIONS: Mix 1 scoop (26 grams) of Ultimate Nutrition IsoCool™ into 8oz of water, juice or milk. For a thicker shake, mix into 4oz of water, juice or milk. Ultimate Nutrition IsoCool™ mixes well, and can be prepared in a blender, shaker cup, or in a glass with a spoon. For maximum muscle growth, take before and after your workout.