

ISOCOOL- CHERRY BERRY

Serving Size: 1 Scoop (about 26g)

Servings per Container: about 87

Amount per Serving % Daily Value

Calories 90

Calories from Fat 0

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 40mg 2%

Total Carbohydrates 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 23g 46%

Vitamin A 2%

• Vitamin C 0%

Calcium 15%

• Iron 2%

Ingredients: Premium Whey Protein Isolate, Citric Acid, Beet Root Powder (for color), Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, and Soy Lecithin

Contains Milk, Soy

Typical Amino Acid Profile – Each serving contains:

Essential Amino Acids	Non-Essential Amino Acids
L-Leucine* 2619 mg	L-Arginine 853 mg
L-Isoleucine* 1981 mg	L-Aspartic Acid 2486 mg
L-Valine* 1447 mg	L-Cystine 255 mg
L-Lysine 2224 mg	L-Alanine 932 mg
L-Threonine 1941 mg	L-Glutamic Acid 3955 mg
L-Methionine 350 mg	L-Glycine 414 mg

L-Phenylalanine 732 mg	L-Histidine 365 mg
L-Tryptophan 552 mg	L-Proline 642 mg
	L-Serine 670 mg
	L-Tyrosine 582 mg

*Total Branched Chain Amino Acids (BCAAs) 6047 mg
Total Essential Amino Acids (EAAs) 11846 mg
Total Amino Acids 23000 mg

DIRECTIONS: Mix 1 scoop (26 grams) of Ultimate Nutrition IsoCool™ into 8oz of water, juice or milk. For a thicker shake, mix into 4oz of water, juice or milk. Ultimate Nutrition IsoCool™ mixes well, and can be prepared in a blender, shaker cup, or in a glass with a spoon. For maximum muscle growth, take before and after your workout.